Winter 2025 Session Schedule: January 6 - March 28, 12 weeks

Registration: Thursday, December 12, 8 PM - Sunday, December 15, 8 PM

Installment Plan: 3 Installments - First installment due at registration, 2nd payment due January 30, 3rd installment due February 27 No contract ice: Saturday January 18 (hockey), Friday PM February 7 (testing), Saturday February 15 (hockey), Friday PM March 21 (testing), Saturday March 22 (competition).

Monday			Contract		Contract			
Session Time	North		Bulk Fee	Per Ses	sion Fee	٧	Valk-On Fee	
3:30-4:20	High/Int/Low FS	\$	159.00	\$	13.25	\$	15.00	
4:20-5:10	High/Int/Low FS	\$	159.00	\$	13.25	\$	15.00	
5:10-6:00	High/Int/Low FS	\$	159.00	\$	13.25	\$	15.00	
6:00-7:00	LTS/Aspire			-				
Off Ice	, ,							
7:10-7:40	Aspire Teen Conditioning							
Tuesday								
Session Time	North							
6:20-6:50 AM	High/Int Low FS	\$	96.00	\$	8.00	\$	9.00	
6:50-7:20 AM	High/Int Low FS	\$	96.00	\$	8.00	\$	9.00	
7:20-7:50 AM	High/Int Low FS	\$	96.00	\$	8.00	\$	9.00	
3:30-4:20 PM	High/Int/Low FS	\$	159.00	\$	13.25		15.00	
4:20-5:10 PM	High/Int/Low FS	\$	159.00	\$	13.25		15.00	
5:10-6:00 PM	High/Int/Low FS	\$	159.00	\$	13.25	\$	15.00	
Wednesday								
Session Time	North							
3:30-4:20 PM	High/Int/Low FS	\$	159.00	\$	13.25	Ś	15.00	
4:20-5:10 PM	High/Int/Low FS	\$	159.00	\$	13.25		15.00	
5:10-6:00 PM	High/Int/Low FS	\$	159.00	\$	13.25	_	15.00	
6:00 - 7:00 PM	LTS/Aspire			,		•		
Off Ice	, , ,							
5:20-5:50 PM	Aspire Youth/Junior Aspire Conditioning							
6:30-7:30 PM	*Off-site Norton Sports Performance	Registrtion through Norton. \$10.00 twice a week, \$12.00						
	Middle/High School ages		once	ce a week and walk-o				
7:10-7:40	Aspire Adult Conditioning							
Thursday								
Session Time	North							
6:20-6:50 AM	High/Int Low FS	\$	96.00	\$	8.00	\$	9.00	
6:50-7:20 AM	High/Int Low FS	\$	96.00	\$	8.00		9.00	
7:20-7:50 AM	High/Int Low FS	\$	96.00		8.00		9.00	
7.20 7.30 7.11	mgm me 20W 13	<u> </u>	30.00	7	0.00	7	3.00	
3:30-4:20 PM	High/Int/Low FS	\$	159.00	\$	13.25	\$	15.00	
4:20-5:10 PM	High/Int/Low FS	\$	159.00	\$	13.25	\$	15.00	
5:10-6:00 PM	High/Int/Low FS	\$	159.00	\$	13.25		\$115.00	
Off Ice	<u> </u>							
6:10-6:40 PM	Hi/Int Jumps	\$	144.00	\$	12.00	\$	14.00	

Friday								
Session Time	North							
6:20-6:50 AM	High/Int/Low FS	\$	96.00	\$	8.00	\$	9.00	
6:50-7:20 AM	High/Int/Low FS	\$	96.00	\$	8.00	\$	9.00	
7:20-7:50 AM	High/Int/Low FS	\$	96.00	\$	8.00	\$	9.00	
3:30-4:20 PM	High/Int/Low FS	\$	132.50	\$	13.25	\$	15.00	
4:20-5:10 PM	High/Int/Low FS	\$	132.50	\$	13.25	\$	15.00	
5:10 - 5:20 PM	Ice Cut	7	132.30	۲	13.23	۲	15.00	
5:20 - 5:40 PM	High/Int/Low Power Class	\$	100.00	\$	10.00	\$	12.00	
5:40-6:30 PM	High/Int/Low FS	\$	132.50	\$	13.25	\$	15.00	
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Saturday								
Session Time	North							
7:30 - 8:30 AM	High/Int/Low FS	\$	144.00	\$	16.00	\$	18.00	
8:30 - 9:30 AM	High/Int/Low FS	\$	144.00	\$	16.00	\$	18.00	
9:30 - 10:30 AM	LTS/Aspire							
10:30 - 10:40 AM	Ice Cut							
10:40 - 11:20 AM	Aspire Synchro Team Practice							
11:20 - 12:00 PM	Open Session	\$	108.00	\$	12.00	\$	16.00	
Off Ice								
10:45-11:35 AM	Open Yoga (ages 12+)	\$	135.00	\$	15.00	\$	16.00	
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11:00 AM - 12:00 PM	**Off-site Norton Sports Performance	Regis	Registrtion through Norton. \$10.00 twice a week, \$12					
	Middle/High School ages	once a week and walk-on.						
12:10-12:40 PM	Aspire Youth/Junior Aspire Conditioning							
	* The price for the off-site conditioning is 1 class							
	off-site oth options							
	will be offered in the registration link tha							