



LSA Ice Rules and Etiquette
2009-2010

1. Common courtesy is to be practiced at all times. Please watch out for and respect other skaters.
2. Professionals and ice monitors are in a position of authority. Respect and act politely toward all professionals and ice monitors.
3. Keep safety in mind for yourself and your fellow skaters. LSA reserves the right to remove any person who is a danger to him or herself or other skaters.
4. Respect each other's property. Do not touch another skater's property without asking permission.
5. Skaters may not interrupt a coach who is giving a lesson.
6. All skaters should realize that practicing their programs is a critical part of their training.
 - a. Music in the form of tapes or CDs should be handed to the ice monitor at the beginning of each session. The ice monitor will put the music in line on a first-come-first-served basis.
 - b. Basic skills skaters may request that a place be marked in line for their program. The basic skills CD is available at every session.
 - c. Music will be played in the order it is received. Skaters who do not want their music played should not put it in line. Handing in music is a request for music to be played.
 - d. Program music will start to be played 5 minutes into the session. Once the entire queue of music has been played, the ice monitor will start the circuit again.
 - e. A professional may request to have the skater's music played during their lesson time. If there is a queue, one such request may be made in a ten minute period.
 - f. Skater's name will be announced over the PA system prior to the program being played.
 - g. Music may not be started unless the program can be completed before the end of the session.
 - h. Skaters must wear the orange vest during their program.
 - i. Other skaters, parents and coaches should refrain from yelling out the program skater's name, i.e. "Look out for Susie!"
7. Skaters in lesson on the harness have right of way over all other skaters. Skaters who are wearing the orange vest on program have right of way, with the exception of a skater in a harness. Skaters and coaches in a lesson have right of way over all other skaters, except those on the harness or on program.
8. All skaters and coaches will respect each other and be courteous of each other.
9. Ice time is for training. Skaters who are not skating must leave the ice.
 - a. Skaters should exit the ice to re-tie boots. Do not sit on the ice to adjust skates.
 - b. Standing and socializing on the ice is prohibited.
10. The use of foul or abusive language is prohibited and will be cause for the skater's removal from the ice.
11. Skaters must sign in with the ice monitor prior to getting on the ice. Walk-on skaters must pay prior to getting on the ice.
12. Skaters may not get on the ice before the designated session for which they have paid. Skaters whose lessons extend to the next session must pay for that session.
13. Eating, drinking or gum chewing on the ice is prohibited. Plastic water bottles only are allowed.
14. Personal headsets and headphones are prohibited.
15. Skaters are to retrieve their clothing items, tissues, water bottles and other personal items prior to exiting the ice.

I have read and understand the above rules. I agreed to abide by the above rules.

Signature of skater or (if skater is under 18) parent or guardian

Date