

Louisville Skating Academy Fall Invitational Competition

Iceland Sports Complex
Louisville, Kentucky
November 7, 2009
www.skatelouisville.org

Rules/Conduct/Eligibility

This competition is open to all registered USFS members in good standing who have passed no higher than Preliminary Free Skating or Adult Bronze Free Skating test. The competition is sanctioned by USFS and will be governed by the rules effective for the 2009-2010 qualifying competition season. Eligible competitors are current members in good standing of US Figure Skating and shall be eligible to enter events based on their test status (as of October 7, 2009) or compete up one level, but not both. Competitors may enter FS events in **one or the other, not both**. Please note the qualifications and requirements for each. A minimum of two entries will be required for all flights to be scheduled.

Facility

The competition will be held at the Iceland Sports Complex, 1701 UPS Drive, Louisville, KY 40223. Iceland has ample seating and parking capacity. The arena has two 85' x 200' ice surfaces. The facility offers a snack bar. Locker rooms will be available for competitors. Visiting vendors will offer skating and non-skating related products.

Entries

All entries must be postmarked no later than October 7, 2009. Payment of all entry fees must accompany completed entry forms and certification forms. Checks must be made payable to Louisville Skating Academy. Late entries will be accepted at the discretion of LSA and must include a \$25 late fee. A \$25 service charge will be assessed for each returned check. **No refunds will be given after the October 7, 2009 deadline unless the event is cancelled for lack of entries.** Entries where incorrect levels were entered on the application form and changes need to be made will be assessed a \$25 change fee.

Fees

First single event.....	\$55.00
Additional single events	\$25.00
Basic Skills	\$35.00

Practice Ice

Skaters wishing to purchase practice ice must submit the Practice Ice Form. Separate checks for practice ice are NOT required. Phone or email reservations will not be accepted. The fee for practice ice is \$9.00 per 20 minute session if arranged prior to the October 7, 2009 postmark date and \$10.00 per 20 minute session for a skater to walk-on, if space allows, without a reservation. Freestyle and dance practice will be limited to 20 skaters.

Mailing

Mail entries to Louisville Skating Academy, c/o Rebecca Hatch-Purnell, 2211 Homewood Drive, Louisville, KY 40223. For more information, contact Rebecca Hatch-Purnell at (502) 415-0962 or hatchpurnell@insightbb.com.

Competition Schedule

To receive a copy of your competition schedule and practice ice, please include a business size, stamped, self-addressed envelope with your entry form. If a stamped, self addressed envelope is not included, a schedule will not be sent by mail. The schedule will be posted online at www.skatelouisville.org as soon after the entry deadline as possible.

Registration

The registration desk will be located in the lobby of the Iceland Sports Complex. The registration desk will be open prior to the first practice ice and will close after the last event of the competition each day. An official bulletin board will be maintained with information regarding schedules and important announcements. Such announcements shall constitute sufficient notice to competitors, coaches, chaperones and officials. Skaters should arrive at the facility a minimum of one hour before their scheduled skate time and should check in with the ice monitor twenty minutes prior to their event. **C-32242**

Music

All competition music must be turned in at the time of registration. Music must be on CDs, which have been labeled clearly with the skater's name and event marked. Due to compatibility and reliability reasons no music may be submitted on re-recordable "CD-RW" discs. Competitors must have suitable emergency backup music at **rink side**. Skaters should remember to pick up their music at the registration desk after their event. Louisville Skating Academy will provide music for Basic Skills and Solo Dance Events. Basic Skills music will be the same as that used at other events within the area including the Lincoln Center MLK Day Competition and the Troy Summer Competition. Coaches should contact Rebecca Hatch-Purnell at (502) 415-0962 for a copy of the basic skills music for 2009.

Awards

Medals will be awarded for 1st, 2nd, 3rd and 4th places in all events. Ribbons will be awarded for 5th through 8th place. Awards presentations will take place immediately following the posting of results for each event or as early as is possible. Skaters should report promptly to the awards area and should be dressed in competition attire and skates. All Basic Skills entrants will receive a medal or a ribbon.

Video AND Action Shots

LSA will make every effort to have a videographer available at the event. Electrical outlets may not be used by those in attendance. Absolutely no flash photography is allowed during the competition.

Hotel Information

The following hotels are recommended by LSA as providing very positive experiences for skaters, coaches and officials by meeting the needs of skating families and being conveniently located to the rink, restaurants, and shopping.

Embassy Suites
(502) 426-9191

Springhill Suites Marriott Northeast
(502) 326-3895

Hyatt Place
(502) 426-0119

Hawthorn Suites
(502) 899-5959

Louisville Skating Academy Fall Invitational Competition
 Iceland Sports Complex
 November 7, 2009
 ENTRY FORM

Name: _____ Sex: _____
Last First M.I.

USFS Number: _____ Club/Rink: _____

Street Address: _____

City: _____ State: _____ Zip: _____ e-mail: _____

Area Code/Phone #: _____ Birth Date: _____ Age: _____

Last USFS Level Passed: MIF: _____ FS: _____ Dance: _____ Basic Skills: _____

Coach's Name: _____ Coach's Phone: _____

Coach's Address: _____

Coach's USFS #: _____ Coach's email: _____

Please check all events that the skater is entering. See attached sheets for qualifications and requirements:

Basic Skill Events

Snowplow/Tots _____
 Basic 1 _____
 Basic 2 _____
 Basic 3 _____
 Basic 4 _____
 Basic 5 _____
 Basic 6 _____
 Basic 7 _____
 Basic 8 _____
 Basic Free Skate 1 _____
 Basic Free Skate 2 _____
 Basic Free Skate 3 _____
 Basic Free Skate 4 _____
 Basic Free Skate 5 _____
 Basic Free Skate 6 _____

Spins

Beginner _____
 Pre-Preliminary _____
 Preliminary _____

Moves in the Field

Pre-Preliminary _____
 Preliminary _____

Showcase

Beginner/Pre-Preliminary _____
 Preliminary _____
 Adult _____

Free Skate Events

Beginner I _____
 Beginner II _____
 Pre-Preliminary A _____
 Pre-Preliminary B _____
 Preliminary A _____
 Preliminary B _____
 Adult Pre-Bronze _____
 Adult Bronze _____

Compulsory Moves

Beginner I _____
 Beginner II _____
 Pre-Preliminary _____
 Preliminary _____

Jumps

Beginner _____
 Pre-Preliminary _____
 Preliminary _____

Solo Dance

Preliminary _____
 Pre-Bronze _____

Interpretive

Beginner/Pre-Preliminary _____
 Preliminary _____

Application and Entry Fees: Please make checks payable to Louisville Skating Academy. Completed Entry Forms, Certification Forms and payments should be postmarked no later than October 7, 2009 and mailed to: **Louisville Skating Academy, c/o Rebecca A. Hatch-Purnell, 2211 Homewood Drive, Louisville, KY 40223.** Late entries will be accepted at the discretion of Louisville Skating Academy and must be accompanied by a \$25.00 late fee. Event fees are as follows:

First single event.....\$55.00
 Additional single event.....\$25.00
 Basic skills event only.....\$35.00

C-32242

Louisville Skating Academy Fall Invitational Competition
Iceland Sports Complex
November 7, 2009
CERTIFICATION FORM

A completed Certification Form must accompany the Entry Form and related payment.

Competitor's Certification

I am eligible under the rules of U.S. Figure Skating to enter the event(s) at the levels indicated on the Entry Form.

COMPETITOR'S SIGNATURE _____ DATE _____

Certification of Club Officer or Test Chair

To the best of my knowledge, the information above is true and correct. This competitor is a member in good standing of our club.

CLUB OFFICER OR
TEST CHAIR'S SIGNATURE _____ DATE _____

CLUB NAME _____

Certification of Skater's Coach

I have reviewed the event(s) that this skater has entered.

COACH SIGNATURE _____ DATE _____

Certification of Parent/Guardian

The undersigned agrees to hold harmless USFS, Louisville Skating Academy, and LSA directors, officers, organizers and volunteers from any loss, damage and/or injury that may be sustained by the competitor while participating in any manner in any of the activities of this competition. The competitor and competitor's family hereby waive all claims for injury arising from or during this competition, practice time or any other time spent with Louisville Skating Academy at Iceland Sports Complex. The undersigned understand no refunds will be given for any reason and that a \$25.00 charge for a returned or stop payment check will be assessed.

PARENT OR
GUARDIAN SIGNATURE _____ DATE _____

Louisville Skating Academy Fall Invitational Competition

Iceland Sports Complex

November 7, 2009

EVENTS

FREE SKATE EVENTS

Skaters may enter the event for which they have passed the required test or one level higher (i.e. skaters may "skate up" one level) except as noted below. Times stated for free skating events are +/- 10 seconds. All events will be judged under the 6.0 system.

Beginner I: This basic level is designed for the beginning competitive skater. Skaters may not have passed the USFS Pre-Preliminary Free Skating test. Skaters may select the moves of their choice but may not include any full-revolution jumps, except that toe loop and salchow are permitted. 1.5 minutes.

Beginner II: Skaters may not have passed the USFS Pre-Preliminary FS test. Skaters may select the moves of their choice but must not include any multi-revolution jumps. Single jumps only - no axels. 1.5 minutes.

Pre-Preliminary A: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only – NO AXEL. 1 .5 minutes.

Pre-Preliminary B: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only. AXEL IS PERMITTED. Required elements as stated in 3711. 1 .5 minutes.

Preliminary A: Skaters may have passed the USFS Preliminary FS test and no higher. Single jumps only – including axel. 1.5 minutes.

Preliminary B: Skaters may have passed the USFS Preliminary FS test and no higher. Required elements as stated in 3701. 1.5 minutes.

Adult Pre-Bronze: Skaters must be 21 years or older on 10/7/09. Skaters may have passed USFS Adult Pre-Bronze Free Skating Test but no higher. Skaters may select moves of their choice but may not include a lutz or axel. Required elements as stated in 3805, 3806. 1:40 maximum.

Adult Bronze: Skaters must be 21 years or older on 10/7/09. Skaters may have passed USFS Adult Bronze Free Skating test but no higher. Single jumps only - no axels. Required elements as stated in 3800, 3801. 1:50 maximum.

COMPULSORY MOVES

Test requirements are the same as listed under single free skating events. Compulsory events will be skated on one-half of the ice surface without music. Skaters may not exceed the stated time limit. All times listed are maximums. Compulsory moves may be skated in any order, except where specified. There must be no change of foot or turn between combination jumps. Double jumps may not be substituted for single jumps. An axel is a single jump, except where noted. **Excessive footwork and added elements will be penalized.** Skaters may skate up one level, but may not skate at more than one level.

Beginner I: ½ revolution jump, waltz jump, bunny hop, two foot spin, lunge, forward pivot. 1 minute maximum.

Beginner II: Backward crossovers—min. of 4 in each direction, toe loop, half flip, spiral, one foot spin with optional free foot position. 1 minute maximum.

Pre-Preliminary: Salchow, loop jump, single/single combination (no axels), forward inside or outside edge spiral, scratch spin. 1.5 minute maximum.

Preliminary: Lutz, single/single combination (axel permitted), one foot upright back spin, forward outside or inside edge spiral, back outside pivot. 1.5 minute maximum.

MOVES IN THE FIELD

This event will be performed on the full ice surface. Skaters will perform both elements consecutively.

Pre-preliminary: Pattern 2 – Forward outside and back outside consecutive edges Only, Pattern 3 – Forward left and right foot spirals

Preliminary: Pattern 3 – Forward power 3-turns, Pattern 5 - Alternating backward crossovers to backward outside edges

SOLO DANCE

Skaters will have the opportunity to warm up each dance prior to performing it.

Preliminary: Skaters may have passed all Preliminary Dance tests but not the complete Pre-Bronze test. Dutch Waltz and Canasta Tango.

Pre-Bronze: Skaters may have passed all Pre-Bronze Dance tests but not the complete Bronze test. Cha-Cha and Fiesta Tango.

SPINS

Eligibility is as described in Free Skating events. Spins must be skated exactly as stated but may be skated in any order without music. Connecting moves may be included for the sole purpose of maneuvering between spins and will not be judged. This event will be skated on half the ice surface.

Beginner: Two Foot Spin, Scratch Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Pre-Preliminary: Scratch Spin; Back Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Preliminary: Back Spin; Camel Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

JUMPS

Eligibility is as described in Free Skating events. Jumps may be performed in any order. Connecting moves may be included for the sole purpose of maneuvering between jumps and will not be judged. ONLY one attempt per jump is permitted. This event will be skated on half the ice surface.

Beginner: Waltz Jump, ½ Flip, Salchow. 1 minute maximum.

Pre Preliminary: Salchow, Toe-Loop, Loop/Loop combination. 1 minute maximum.

Preliminary: Axel, Loop, Flip/Loop combination 1:15 maximum.

SHOWCASE

The program must stress creativity with an emphasis on music interpretation and overall artistic performance. Themes are open. Vocal music is allowed. Spins and jumps are allowed, but shall not be highlighted and shall be used to emphasize the artistic quality of the program only. Costumes are encouraged - no feathers. Skaters must be able to move the props on and off the ice by themselves.

Beginner/Pre-Preliminary: Skaters may have passed the USFS Pre-Preliminary FS test but no higher. 1:40 minute maximum.

Preliminary/: Skaters may have passed the USFS Pre-Juvenile FS test but no higher. Program must not exceed 1:40 maximum.

Adult: Skaters may have passed the USFS Adult Bronze FS test but no higher. 2 minute maximum.

INTERPRETIVE

Skaters will perform a program to music that they hear for the first time during the 5 minute warm-up prior to their competition skate. Music will be provided by Louisville Skating Academy. This event stresses creativity and musicality.

Beginner/Pre-Preliminary: Skaters may have passed the USFS Pre-Preliminary FS test but no higher.

Preliminary: Skaters may have passed the USFS Preliminary FS test but no higher.

BASIC SKILLS EVENTS

Eligibility Rules for Participants:

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of the October 7, 2009 closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances.

For the Free Skate 1-6 eligibility will be based only upon highest free skate test level passed (MIF test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

SNOWPLOW SAM – BASIC 8

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. To be skated on ½ ice surface. Music provided by Rebecca Hatch-Purnell at (502) 415-0962 or hatchpurnell@insightbb.com. The skater may use elements from a previous level. A .2 deduction will be taken for each element performed from a higher level.

Snowplow/Tot: (Skaters who are five years of age or younger and who have not passed Basic 1)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles (2-3 in a row)
3. Forward snowplow stop
4. Backward wiggles (2-6 in a row)

Basic 1: (Skaters who have passed or are working on Basic 1)

1. Forward two foot glide
2. Forward two foot swizzles (6-8 in a row)
3. Forward snowplow stop
4. Backward wiggles (6-8 in a row)

Basic 2: (Skaters who have passed or are working on Basic 2)

1. Forward one foot glide – either foot
2. Backward two foot swizzles (6-8 in a row)
3. Two foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line

Basic 3: (Skaters who have passed or are working on Basic 3)

1. Forward stroking
2. Forward ½ (one foot) swizzle pumps on a circle – clockwise or counter clockwise (6-8 consecutive)
3. Moving forward to backward two foot turn - either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4: (Skaters who have passed or are working on Basic 4)

1. Forward outside edge on a circle - clockwise or counter clockwise
2. Forward crossovers – clockwise and counter clockwise (6-8 consecutive)
3. Forward outside three turn **from a standstill** – right and left
4. Backward stroking
5. Backward snowplow stop – right and left

Basic 5: (Skaters who have passed or are working on Basic 5)

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers - both directions (6-8 consecutive)
3. One foot spin (optional entry, optional free foot position, minimum of 3 revolutions)
4. Hockey stop
5. Side toe hop – either direction

Basic 6: (Skaters who have passed or are working on Basic 6)

1. Forward inside three turn **from a standstill** - right and left
2. T - Stop - right or left
3. Bunny hop
4. Forward arabesque spiral on a straight line – right or left
5. Lunge – right or left

Basic 7: (Skaters who have passed or are working on Basic 7)

1. Forward inside open mohawk – right to left and left to right
2. Ballet jump – either direction
3. Backward crossovers to backward outside edge landing position – clockwise and counter clockwise
4. Forward inside pivot

Basic 8: (Skaters who have passed or are working on Basic 8)

1. Moving forward inside or forward outside three turns – right and left
2. Waltz jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise (see Basic 8 curriculum in Manual)
5. Beginning one-foot upright spin – optional free foot position

FREE SKATE 1-6

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.** A .2 deduction will be taken for each element performed from a higher level. Time: 1:30+/-10 sec.

Freeskate 1:

1. Advanced Forward stroking. 4-6 strokes
2. Forward outside or inside consecutive edges, 2-4
3. Scratch spin from back crossovers
4. Waltz jump from back crossovers
5. Half flip jump

Freeskate 2:

1. Forward outside spiral R or L
2. Waltz three's R or L
3. Beginning back spin
4. Waltz jump, side toe hop, waltz jump
5. Toe loop

Freeskate 3:

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls 4-6 patterns
3. Back spin
4. Salchow
5. Waltz jump/Toe loop or Salchow/toe loop

Freeskate 4:

1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L
2. Forward power 3's, 2-3 consecutive R or L
3. Sit spin
4. Loop Jump
5. Waltz jump/loop jump

Freeskate 5:

1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover, backward inside spiral, R or L
2. Camel Spin
3. Forward upright spin to back upright Spin
4. Loop/loop combination jump
5. Flip jump

Freeskate 6:

1. 5 step Mohawk sequence, 1 set alternating
2. Camel/sit spin combination, min. of 4 rev total
3. Split or stag jump
4. Waltz jump/1/2 loop/Salchow combination
5. Lutz jump

THE END