



LSA ADULT SYNCHRONIZED SKATING TEAM CONTRACT: 2009-2010

Skating on a competitive synchronized skating team requires you to make a personal commitment to the team and its members, as well as your individual skating. A team can only function as a unit with all of its members working together to achieve success. Synchronized skating can be very rewarding as you utilize your skating skills in a group to create a skating program that is exciting, challenging and entertaining. You will have an opportunity to share your love for the sport with your teammates and develop friendships that transcends the sport and enriches your life. It will involve dedication, hard work, self-discipline, and perseverance. The commitment that you have in bettering your individual skating, the dedication you have to your teammates and the work you put into practices will set the course for success and enjoyment.

ELIGIBILITY

- All skaters must be eligible members of U.S. Figure Skating.
- All skaters must be members in good standing of Louisville Skating Academy.
- All skaters must qualify under the age and level requirements under USFS rules.
- Skaters are strongly encouraged to work on their own skating skills and to practice the program individually. Additional practice requirements are outlined within the "LSA Synchronized Skating Team Application."

II. PRACTICE

All skaters are expected to be on time for scheduled practices. Practice will begin in June and will be held on Tuesday evenings. Starting in August, weekly on and off ice practice sessions will be held on Saturday mornings.

Skaters are required to be on time for practice. Prior to events, additional on or off ice practices may be added and scheduled on a different day and at a different time, based upon availability. Skaters are encouraged to work on skating and synchro skills throughout the year in individual and/or group lessons and through practice on contract ice and/or open sessions.

III. TEAM ROSTER

Team rosters will be posted shortly after May 15, 2009. The number of skaters on each team and participating in each event will be determined by the coaching staff. The maximum number of skaters allowed in certain competition events is determined by USFS.

IV. COMPETITIONS and OTHER EVENTS

A tentative schedule of competitions and events is listed below. This schedule may change at the discretion of the coaching staff. It is very important to understand that this team is part of a synchronized skating program that involves several teams. The coaches will make competition decisions based on the best interest of the entire program. By signing this contract, you are agreeing to participate in all of the team events.

Open Adult Team 2:

LSA Synchronized Sensation (Show at Iceland) - Date to be determined in mid February

SEGL Competition (Evansville, IN): February 26-28, 2009

Open Adult Team 1:

Dr. Richard Porter Synchronized Classic (Ann Arbor, MI): December 4 - 6, 2009

Mid-American Championships (Fraser, MI): January 15-17, 2010

USFS Midwestern Sectional Championships (Cedar Rapids, IA): Jan. 27-30, 2010

LSA Synchronized Sensation (Show at Iceland) - Date to be determined in mid February

Masters:

Dr. Richard Porter Synchronized Classic (Ann Arbor, MI): December 4 – 6, 2009

USFS Midwestern Sectional Championships (Cedar Rapids, IA): Jan. 27-30, 2010

LSA Synchronized Sensation (Show at Iceland) – Date to be determined in mid February

USFS Synchronized Skating Championships, if team qualifies (Minneapolis, MN): March 3 – 6, 2010

V. AT COMPETITIONS

Skaters are asked to cheer on all other LSA teams performing in a competition when no other scheduling conflict exists. The support of LSA teams is crucial to team spirit and motivation.

VI. TRAVEL

Skaters on the teams will be required to travel. Hotel and transportation arrangements will be coordinated by members of the team with the purpose of keeping team members and coaches together with a sensitivity to cost. Expenses for hotel accommodations and transportation are not included in the contract fees and are the responsibility each skater.

VII. COSTUMES, PRACTICE ATTIRE AND EQUIPMENT

Skaters are required to have their own skates and maintain them regularly, including sharpening the blades.

Competition outfits for the season will be purchased by the team. The coaches and team costume committee will be responsible for competition outfits. The coaching staff will have final approval regarding costumes.

Tights for competition as well as practice attire for competition must be purchased by each skater and will belong to the skater. Information regarding these additional items will be communicated by the coaching staff.

Hair and make-up will be designed to enhance the look of the costumes and compliment the music. Skaters may be responsible for purchasing these items.

VIII. FUNDRAISING

LSA engages in fundraising events throughout the year including shows, competitions, sponsorship drives and much more. Synchronized skaters are expected to support these events as the funds are used to subsidize the synchronized skating program. Additional team fundraising activities are encouraged to help the club fund the program.

IX. FEES

The fees to participate in the LSA adult synchronized program for the 2009-2010 season which runs from June 2009 through February 2010 are listed below. The team commitment fee of \$100 will be allocated toward this amount below.

Open Adult 2 Team: \$555 payable in three installments of \$185 each, payable on or before the 1st day of June, September and November.

Open Adult 1 Team: \$750 payable in three installments of \$250 each, payable on or before the 1st day of June, September and November

Masters Team: \$555 payable in three installments of \$185 each, payable on or before the 1st day of June, September and November.

Team fees include practice ice time, coaching fees, competition entry fees, music editing, costumes, USFS team registration, and miscellaneous supplies. Fees do not include practice attire, LSA warm up jackets, competition tights, transportation or hotel accommodations.

X. AGREEMENT AND WAIVER

LSA ADULT SYNCHRONIZED SKATING TEAM CONTRACT: 2009-2010

I have read and understand the above conditions for participating in the LSA adult synchronized skating program. I agree to pay the amount due on or before each due date as outlined in this contract. I understand that skating privileges (access to ice sessions & permission to test or compete) will be suspended until amounts due are paid.

Waiver

I am aware that the sport of ice skating and related off-ice training and conditioning poses dangers and risks of injury. I also understand that my or my child's participation in this sport and in LSA skating and off-ice training and conditioning sessions, which may include skaters of varying experience, skills and abilities, places me or my child at greater risk of injury than choosing not to participate. I understand that I or my child, or others skaters on the ice, may need to practice skills where speed, power, and difficult, dangerous jumps, spins, spirals and moves are required. I understand that there will be times when skaters are skating backwards, spinning or practicing other maneuvers where it may not be possible to see clearly and stop their maneuver in time to prevent a collision with a skater who has crossed his or her path. I agree that I or my child have a responsibility to maintain a lookout for and to avoid a collision with skaters in such maneuvers. I understand that the coaches on the ice are not employees or agents of Louisville Skating Academy ("LSA") and that a coach cannot guarantee my or my child's safety. I am solely responsible for assessing, at all times, whether the conditions of the practice ice session, off-ice training session, the arena and ice surface are safe or suitable to my or my child's experience, skills, and abilities, and for exiting the session or arena and choosing not to participate if I deem conditions unsuitable.

In consideration for my participation in LSA activities, I hereby release LSA and their officers, directors, members, volunteers, contractors and employees as well as independent contractor coaches ("Released Parties") from all claims, demands, losses and damages, and from any liability resulting from any injury incurred while participating in any LSA activities and programs whether or not caused by the negligence or other fault of the Released Parties. In the event I am injured or incapacitated while participating in these activities or programs, I hereby give LSA permission to seek necessary medical assistance for me or my child. I agree that my provision to LSA of emergency contact phone numbers of persons who can be contacted on my behalf in the event of an emergency is voluntary and is merely for my convenience and in no way obligates LSA to keep such information up-to-date. I acknowledge that LSA substantially relies on volunteers, including other members and parents of skaters, to help oversee many of LSA's activities and I agree that LSA's attempt to gather emergency contact information does not impose liability on LSA related to any act or omission in the event of an emergency of any kind. I agree that the responsibility to assure my or my child's safety remains with me at all times.

I AGREE THAT I HAVE READ THIS WAIVER AND RELEASE, HAVE HAD AN OPPORTUNITY TO ASK ANY QUESTIONS ABOUT IT THAT I MAY HAVE AND THAT MY SIGNATURE BELOW INDICATES MY AGREEMENT TO ALL OF ITS TERMS.

Signature of Participant

Date

Print Name of Participant

Date