

# 2010 Louisville Skating Academy Invitational Competition

March 19 – March 21, 2010

Hosted by Louisville Skating Academy  
Iceland Sports Complex, Louisville, Kentucky

**THIS COMPETITION WILL UTILIZE THE INTERNATIONAL  
JUDGING SYSTEM FOR JUVENILE AND HIGHER  
WELL-BALANCED PROGRAM EVENTS**

[www.skatelouisville.org](http://www.skatelouisville.org)

## Rules/Conduct/Eligibility

The competition is open to all amateur skaters who are members in good standing with U.S. Figure Skating and will be governed by the rules specified in the 2009-2010 U.S. Figure Skating Rulebook, except as noted. Skaters may enter events according to their age and test level as of February 15, 2010. Skaters may compete at one level higher than the skater's current test level. However, skaters may only enter one level per event (i.e. Juvenile Free Skate only and not Intermediate Free Skate also). Skaters may enter EITHER **test track free skate** or **well-balanced program free skate** but NOT both during the same non-qualifying competition. Juvenile through Senior well-balanced program events will utilize the IJS scoring system while all other events will be scored on the 6.0 system. Any event with a large number of entries may be divided into smaller groups. Groups for Pre-juvenile level and below will be grouped by age. The competition committee reserves the right to divide or combine any event if necessary and to cancel any event (with full refund of entry fee) due to lack of participants. An event will be held if there are two or more competitors. Female and male competitors will be grouped separately in all singles free skate and short program events.

## Facility

The competition will be held at Iceland Sports Complex, 1701 UPS Drive, Louisville, KY 40223. Iceland Sports Complex is a year round facility with ample seating and parking capacity. The arena houses two 85' x 200' ice surfaces. The facility offers a snack bar with seating and vending machines. Locker rooms will be available for competitors. Visiting vendors will offer skating related products.

## Entries

All entries must be postmarked no later than February 15, 2010. Payment of all entry fees must accompany completed entry forms and certification forms. Checks must be made payable to Louisville Skating Academy. Late entries will be accepted at the discretion of Louisville Skating Academy and must include a \$25 late fee. A \$25 service charge will be assessed for each returned check. No refunds (including for medical reasons) will be given after the February 15, 2010 deadline unless the event is cancelled for lack of entries.

## Event Fees

First single event (that is not Basic Skills).....	\$65.00
Additional single events .....	\$30.00
Pair and Couples Dance (per person as first event) .....	\$50.00
Pair and Couples Dance (per person as additional event) .....	\$30.00
Basic Skills .....	\$35.00

### **Practice Ice**

Event groupings and times will be posted on the LSA website, [www.skatelouisville.org](http://www.skatelouisville.org), as soon as possible after the entry deadline. At such time, a Practice Ice Request Form also will be posted. Skaters who wish to purchase practice ice should return the form immediately as practice ice will be scheduled in the order that these forms are received. Phone reservations will not be accepted. Practice ice will be \$9 per 20 minute session if arranged by the deadline listed on the Practice Ice Request Form. Practice ice will be available at the event at a cost of \$10 per 20 minute session. Practice ice may begin Thursday, March 18, 2010.

### **Test Session**

LSA plans to host a test session on Friday, March 19, 2010 if time allows. Skaters who wish to test may find a test application on the LSA website. Test forms for this test session will be due on Tuesday, March 9, 2010. Space may be limited. Out-of-club applicants must include a "Permission to Test" letter from their home club. Test Forms may be sent to the address listed in the next paragraph.

### **Mail Entries to:**

Louisville Skating Academy – Invitational Competition, c/o Rebecca Hatch-Purnell, 2211 Homewood Drive, Louisville, KY 40223. For more information, contact Rebecca Hatch-Purnell at (502) 415-0962 or [hatchpurnell@insightbb.com](mailto:hatchpurnell@insightbb.com).

### **Competition Schedule**

To receive a copy of your competition schedule, please include a business size, stamped, self-addressed envelope with your entry form. If a stamped, self addressed envelope is not included, a schedule will not be sent by mail. The schedule will be posted online at [www.skatelouisville.org](http://www.skatelouisville.org) as soon after the entry deadline as possible.

### **Registration**

The registration desk will be located in the lobby of the Iceland Sports Complex. The registration desk will be open prior to the first practice ice each day and will close after the last event of the competition each day. An official bulletin board will be maintained with information regarding schedules and important announcements. Such announcements shall constitute sufficient notice to competitors, coaches, chaperones and officials. Skaters should arrive at the facility a minimum of one hour before their scheduled skate time and should check in with the ice monitor twenty minutes prior to their event.

### **Music**

All competition music must be turned in at the time of registration. Music must be on CDs, which have been labeled clearly with the skater's name and event marked. Due to compatibility and reliability reasons *no music may be submitted on re-recordable "CD-RW" discs*. Competitors must have suitable emergency backup music at **rink side**. Skaters should remember to pick up their music at the registration desk after their event. Louisville Skating Academy will provide music for Basic Skills and Dance Events. Basic Skills music will be the same as that used at other events within the area including the Lincoln Center MLK Day Competition and the Troy Summer Competition. Copies may be requested. Call Rebecca Hatch-Purnell.

### **Awards**

Medals will be given to the 1st, 2nd, 3rd and 4th places in all events. Ribbons will be given to 5th through 8th place for Basic Skills events through Pre-Juvenile events. Awards presentations will take place immediately following the posting of the results for each event or as early as is possible. Skaters should report to the awards area promptly in competition attire and skates. A **team trophy** will be awarded to the club, other than the host club, that accumulates the most team points.

### **Critiques**

Individual critiques will be offered to skaters and coaches after each Juvenile through Senior Free Skate event in the well balanced program track (IJS).

### **Planned Program Content Sheets**

Skaters who enter Juvenile through Senior IJS events must submit an updated planned program content sheet no later than March 10, 2010. Once entered PPCS may be updated online at any time as often as is desired. Please go to [www.usfsaonline.org](http://www.usfsaonline.org) and follow the instructions to complete your planned program content sheet. Designate 2010 Louisville Skating Academy Invitational to access the forms.

### **Video and Photography**

LSA is planning to have videotaping services available. Those interested in videotaping for personal use are required to remain in the bleachers. Electrical outlets may not be used. Absolutely no flash photography is allowed during the competition.

### **Hotel Information**

The following hotels are recommended by LSA for providing very positive experiences for skaters, coaches, and officials. These hotels have met the needs of skating families in the past, are conveniently located to the rink, restaurants, and shopping and are offering **Special Competition Rates**.

All hotel rates include breakfast. Please review hotel cancellation and early departure policies as these may vary.

Host Hotel:

#### **Hyatt Place**

701 S. Hurstbourne Pkwy.

Louisville, Ky 40222

\$89.00 Single, \$89.00 Double

502 426-0119

2.6 mi. from Iceland Sports Complex, **Cut-off Date Feb. 25, 2010**

To book a room in the block named **Louisville Skating Academy Skaters/Coaches call 888-492-8847**

Cancellation must be at least 24 hours prior to expected arrival

Additional Hotels:

#### **Embassy Suites Hotel**

9940 Corporate Campus Dr.

Louisville, KY 40223

\$99.99 King Suites

\$112.99 Double Suites

To book rooms call 502 426-9191 hotel direct for reservations for the **Louisville Skating Academy Invitational block**

**Cut-off Date Feb. 19, 2010**, \*full cook to order breakfast and 2 hour beverage reception nightly

Room quotes exclusive of local taxes and fees, currently 15.01%. Rates are based on double occupancy.

There is a \$10.00 charge for a third and /or fourth adult in each suite. Children 18 and under stay free in parent's room. Cancellation must be received no later than 48 hours prior to scheduled arrival.

Cancellations received within 48 hrs. will be billed the entire length of stay.

#### **SpringHill Suites**

10101 Forest Green Blvd.

Louisville, KY 40223

502 326-3895

\$85.00 King Suites

\$105.00 Dbl/dbl

To book rooms call either 1 800 406-1286 or 502 326-3895 and ask for the **Louisville Skating Academy room block. Cut-Off Date March 5, 2010**, Cancellations must be by 6pm the day of expected arrival.



**Louisville Skating Academy Invitational Competition**  
**March 19 – 21, 2010**  
**CERTIFICATION FORM**

A completed Certification Form must accompany the Entry Form and related payment.

Competitor's Certification

I am eligible under the rules of U.S. Figure Skating to enter the event(s) at the levels indicated on the Entry Form.

COMPETITOR'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Certification of Club Officer or Test Chair

To the best of my knowledge, the information above is true and correct. This competitor is a member in good standing of our club.

CLUB OFFICER OR  
TEST CHAIR'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

POSITION / CLUB NAME \_\_\_\_\_

Certification of Skater's Coach

I have reviewed the event(s) that this skater has entered. I am in compliance with the U.S. Figure Skating coach registration requirements.

COACH SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Certification of Parent/Guardian

The undersigned agrees to hold harmless US Figure Skating, Louisville Skating Academy, and LSA directors, officers, organizers and volunteers from any loss, damage and/or injury that may be sustained by the competitor while participating in any manner in any of the activities of this competition. The competitor and competitor's family hereby waive all claims for injury arising from or during this competition, practice time or any other time spent with Louisville Skating Academy at Iceland Sports Complex.

PARENT OR  
GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

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**WISH YOUR SKATERS LUCK WITH AN AD IN THE OFFICIAL EVENT PROGRAM!**  
**Enclose payment of \$5.00. Checks should be made out to Louisville Skating Academy.**  
**A separate check is not required. Limit of 12 words.**

**MESSAGE:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Louisville Skating Academy Invitational Competition**  
**March 19 – March 21, 2010**  
**Competition Events**

**FREE SKATING EVENTS**

**Well Balanced Program and Competitive Test Track- For the purpose of reference, the rules cited are taken from the 2010 U.S. Figure Skating Rulebook.** Skaters may enter the event for which they have passed the required test or one level higher (i.e. skaters may “skate-up” one level) except as noted below. Skaters may enter EITHER the new test track or the well-balanced free skate track, but **not BOTH**. All Test Track events, well-balanced events from pre-juvenile and below, and adult events will be judged under the 6.0 system. In the well-balanced free skate track, juvenile through senior events will be judged using the IJS. Deductions will be made for skater including elements not permitted in the event description.

<u>Beginner I:</u>	1 ½ minutes. Must NOT HAVE passed the Pre-Preliminary free skating test. May include any half revolution jumps plus Salchows, and toe-loops. Other elements as stated for No Test Well-balanced Free Skate --	3721
<u>Beginner II</u>	1 ½ minutes. Must NOT HAVE passed the Pre Preliminary free skate test. Only single revolution jumps allowed. May <u>not</u> include axels. Requirements as stated for No Test Well-balanced Free Skate --	3721
<u>Pre-Preliminary A</u>	1 ½ min. Must NOT HAVE PASSED the Preliminary free skate test. Only single revolution jumps allowed. May <u>not</u> include axels. Other elements as stated in Pre-Preliminary Well-balanced Free Skate --	3711
<u>Pre-Preliminary B:</u>	1 ½ min. Must NOT HAVE PASSED the Preliminary free skate test. Only single revolution jumps allowed. May include axels. No double jumps. Other elements as stated in Pre-Preliminary Well-balanced Free Skate --	3711
<u>Preliminary A:</u>	1 ½ min. Must NOT HAVE PASSED the Pre Juvenile free skate test. Only single revolution jumps. May include axels. Other elements as stated in Preliminary Well-balanced Free Skate --	3701
<u>Preliminary B:</u>	1 ½ min. Must NOT HAVE PASSED the Pre Juvenile free skate test. Only two different double jumps may be attempted and are limited to double Salchow, double toe loop and double loop only. Double flip, double Lutz, double Axel and triple jumps are not allowed. Other elements as stated in Preliminary Well-Balanced FS --	3701
<u>Pre-Juvenile:</u>	2 min. Must NOT HAVE PASSED the Juvenile free skate test. Requirements as stated in the rulebook --	3691
<u>Pre-Juvenile Test Track:</u>	2 min. Skaters must have passed at least the USFSA Preliminary free skate test but may not have passed higher than the pre-juvenile free skate test. Skaters may do three spins in any position (min. 3 revolutions) – one must be a combination spin with a change of foot optional (min. 3 revs on each foot) and flying spins are not permitted. Jumps with not more than one rotation are permitted – no axels. Jump combinations and sequences are allowed. Maximum of 5 jumping elements. One step sequence is required – straight line, circular or serpentine – and must fully utilize the ice surface.	
<u>Juvenile: (IJS)</u>	2 1/4 min. Must NOT HAVE passed the Intermediate free skating test. Must not have reached age 13 as of the closing date, 2/13/09. Requirements as stated in the rulebook --	3681
<u>Juvenile Test Track:</u>	2 1/4 min. Skaters must have passed at least the USFSA Pre-Juvenile free skate test but may not have passed higher than the juvenile free skate test. Skaters may do three spins in any position (min. 4 revolutions) – one must be a combination spin with a change of foot (min. 4 revs on each foot). Flying spins are permitted. Any jumps with not more than 1 ½ rotations are permitted – axels are permitted. Jump combinations and sequences are allowed. Maximum of 6 jumping elements. One step sequence is required – straight line, circular or serpentine – and must fully utilize the ice surface.	

- Open Juvenile: 2 1/4 min. Skater must NOT HAVE passed the Intermediate free skate test.  
Must be 13 years old or older as of the closing date, 2/13/09. Requirements as stated  
in the rulebook -- 3681
- Intermediate:(IJS) 2½ min. Skater must NOT HAVE passed the Novice free skate test.  
Must be 17 years of age or younger as of the closing date, 2/13/09. Requirements as stated  
in the rulebook -- 3670 & 3672
- Intermediate Test Track: 2 ½ min. Skaters must have passed at least the USFSA Juvenile free skate test but may  
not have passed higher than the intermediate free skate test. Skaters may do three spins in any  
position (min. 4 revolutions) – one must be a combination spin with at least one change of foot  
(min. 4 revs on each foot). Flying spins are permitted. Any single jumps are permitted. Only  
double salchows and double toe loops are permitted. Jump combinations and sequences are  
allowed. Maximum of 6 jumping elements. One step sequence is required – straight line, circular  
or serpentine – and must fully utilize the ice surface.
- Novice: (IJS) 3 min. Ladies, 3 ½ min. Men. Skaters may have passed the USFSA Novice FS test and no higher.  
Required elements as stated in the rulebook -- 3660 & 3663
- Novice Test Track: Ladies 3 min., Men 3 1/2 min. Skaters must have passed at least the USFSA Intermediate free  
skate test but may not have passed higher than the novice free skate test. Skaters may do three  
spins in any position (min. 6 revolutions) – one must be a combination spin with at least one  
change of foot (min. 5 revs on each foot). Flying spins are permitted. Any single jumps are  
permitted. Only double salchows, double toe loops and double loops are permitted. Jump  
combinations and sequences are allowed. Maximum of 7 jump elements for men and 6 for ladies.  
One step or spiral sequence is required (see rule 3660 for description).
- Junior: (IJS) Ladies – 3½ minutes. Men – 4 minutes. Skaters may have passed the USFSA Junior FS test and  
no higher. Required elements as stated in rulebook -- 3650 & 3653
- Junior Test Track: Ladies 3 ½ min. Men 4 min. Skaters must have passed at least the USFSA Novice free skate test  
but not higher than the Junior free skate test. Three spins: One must be a spin in one position, one  
a flying spin, ( 6 revs. Each) one a combination spin of all three positions and one change of foot  
(Min. 2 revs. in each position and Min, 5 revolutions on each foot) Any single jumps. Double jumps  
may include only double salchows, double toe loops, double loops and double flips. Jump  
combinations and sequences allowed. Maximum 8 jump elements for men and 7 for ladies. One  
step sequence. (see rule 3650 for description)
- Senior: (IJS) Ladies 4 min. Men 4 ½ min .Skaters may have passed the USFSA Senior FS test.  
Required elements as stated in the rulebook -- 3640 & 3643
- Senior Test Track: Ladies 4 min. Men 4 1/2 min. Skaters must have passed at least the USFSA Junior free skate test.  
Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one spin  
combination consisting of all three position and one change of foot (Min. 2 revs. In each position  
and Min. 5 revs. On each foot). At least four different double jumps - one must be a double Lutz.  
Jump combinations and sequences allowed. Maximum of 8 jump elements for men and 7 for ladies.  
Men: two different step sequences. Ladies: one step sequence and one spiral sequence. (See rule  
3640)
- Adult Pre-Bronze: 1:40 min max. Skaters must be 21 years or older as of close date, 2/15/10.  
Skaters may have passed the USFSA Adult Pre-Bronze Free Skating Test but  
no higher. Skaters may select moves of their choice but may not include a lutz  
or axel. Required elements as stated in the rulebook -- 3805 & 3806
- Adult Bronze: 1:50 min. max. Skaters must be 21 years or older as of close date, 2/15/10.  
Skaters may have passed the USFSA Adult Bronze Free Skating test but no higher.  
Single jumps only - no axels. Required elements as stated in the rulebook – 3800 & 3801

Adult Silver: 2:10 min. max. Skaters must be 21 years or older on 2/15/10.  
Skaters may have passed USFSA Adult Silver Free Skating test but no higher.  
Axel permitted – no double jumps. Required elements as stated in the rulebook – 3790 & 3791

Adult Gold: 2:40 min. max. Skaters must be 21 years or older on 2/15/10.  
Skaters may have passed USFSA Adult Gold Free Skating test but no higher.  
No double-double jump combinations or sequences are permitted. Double jumps  
Not permitted are the double loop, double flip, double Lutz and double Axel.  
Required elements as stated in the rulebook -- 3780 & 3781

## SHORT PROGRAM EVENTS

Skaters may “skate up” one level. Short program requirements are listed in the 2010 U.S. Figure Skating Rulebook. Short program times are maximum times. All short program events are IJS.

Intermediate: Required elements as stated in 3671, 3672 in the rulebook. 2:00 minutes maximum.

Novice: Required elements as stated in 3661, 3662 in the rulebook. 2:30 minutes maximum.

Junior: Required elements as stated in 3651, 3652 in the rulebook. **Group C** elements. 2:50 minutes maximum.

Senior: Required elements as stated in 3641, 3642 in the rulebook. 2:50 minutes maximum.

## BASIC SKILLS EVENTS

Eligibility Rules for Participants:

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of the February 15, 2010 closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances.

For the Free Skate 1-6 eligibility will be based only upon highest free skate test level passed (MIF test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

### SNOWPLOW SAM – BASIC 8

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. To be skated on ½ ice surface. Music provided by Rebecca Hatch-Purnell (502) 415-0962 or [hatchpurnell@insightbb.com](mailto:hatchpurnell@insightbb.com). The skater may use elements from a previous level. A .2 deduction will be taken for each element performed from a higher level.

Snowplow/Tot: (Skaters who are five years of age or younger and who have not passed Basic 1)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles (2-3 in a row)
3. Forward snowplow stop
4. Backward wiggles (2-6 in a row)

Basic 1: (Skaters who have passed or are working on Basic 1)

1. Forward two foot glide
2. Forward two foot swizzles (6-8 in a row)
3. Forward snowplow stop
4. Backward wiggles (6-8 in a row)

Basic 2: (Skaters who have passed or are working on Basic 2)

1. Forward one foot glide – either foot
2. Backward two foot swizzles (6-8 in a row)
3. Two foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line

Basic 3: (Skaters who have passed or are working on Basic 3)

1. Forward stroking
2. Forward ½ (one foot) swizzle pumps on a circle – clockwise or counter clockwise (6-8 consecutive)
3. Moving forward to backward two foot turn - either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4: (Skaters who have passed or are working on Basic 4)

1. Forward outside edge on a circle - clockwise or counter clockwise
2. Forward crossovers – clockwise and counter clockwise (6-8 consecutive)
3. Forward outside three turn **from a standstill** – right and left
4. Backward stroking
5. Backward snowplow stop – right and left

Basic 5: (Skaters who have passed or are working on Basic 5)

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers - both directions (6-8 consecutive)
3. One foot spin (optional entry, optional free foot position, minimum of 3 revolutions)
4. Hockey stop
5. Side toe hop – either direction

Basic 6: (Skaters who have passed or are working on Basic 6)

1. Forward inside three turn **from a standstill** - right and left
2. T - Stop - right or left
3. Bunny hop
4. Forward arabesque spiral on a straight line – right or left
5. Lunge – right or left

Basic 7: (Skaters who have passed or are working on Basic 7)

1. Forward inside open mohawk – right to left and left to right
2. Ballet jump – either direction
3. Backward crossovers to backward outside edge landing position – clockwise and counter clockwise
4. Forward inside pivot

Basic 8: (Skaters who have passed or are working on Basic 8)

1. Moving forward inside or forward outside three turns – right and left
2. Waltz jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise (see Basic 8 curriculum in Manual)
5. Beginning one-foot upright spin – optional free foot position

#### **FREE SKATE 1-6**

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. **Connecting moves and steps should be demonstrated throughout the program. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.** A .2 deduction will be taken for each element performed from a higher level. Time: 1:30+/-10 sec.

Freeskate 1:

1. Advanced Forward stroking. 4-6 strokes
2. Scratch spin from back crossovers
3. Waltz jump from back crossovers
4. Half flip jump

Freeskate 2:

1. Forward outside spiral R or L
2. Beginning back spin
3. Waltz jump, side toe hop, waltz jump
4. Toe loop

#### Freestyle 3:

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls 4-6 patterns
3. Salchow
4. Waltz jump/Toe loop or Salchow/toe loop

#### Freestyle 4:

1. Forward power 3's, 2-3 consecutive R or L
2. Sit spin
3. Loop Jump
4. Waltz jump/loop jump

#### Freestyle 5:

1. Camel Spin
2. Forward upright spin to back upright Spin
3. Loop/loop combination jump
4. Flip jump

#### Freestyle 6:

1. Camel/sit spin combination, min. of 4 rev total
2. Split or stag jump
3. Waltz jump/1/2 loop/Salchow combination
4. Lutz jump

### **COUPLES COMPULSORY DANCE**

Initial and final rounds in Couples Dance event will be combined to determine final placement. The final round placement will be used to break all ties. All skaters will compete in initial and final rounds. Test requirements are those for the 2009-2010 season, as specified in the current USFSA rulebook.

Preliminary: For beginning couple dancers. Neither partner may have completed the Preliminary Dance test. Canasta Tango (initial round) and Rhythm Blues (final round)

Pre-Juvenile: Both partners must have completed two Preliminary Dances, but no higher than the Pre-Bronze Dance test. Cha-cha (initial round) and Rhythm Blues (final round)

### **SOLO DANCE**

Places will be determined by the combined score of both dances. Skaters may skate up a level higher than their current test level. Adults may participate in solo dance events.

Preliminary: Skaters must not have passed more than two Pre-Bronze Dance tests. Canasta Tango, Rhythm Blues

Pre-Bronze: Skaters must not have passed more than two Bronze Dance tests. Cha-Cha, Swing Dance

Bronze: Skaters must not have passed more than two Pre-Silver Dance tests. Willow Waltz, Hickory Hoedown

Pre-Silver: Skaters must not have passed more than two Silver Dance tests. Foxtrot, European

Silver: Skaters must not have passed more than two Pre-Gold Dance tests. Tango, American

Pre-Gold: Skaters must not have passed more than two Gold Dance tests. Blues, Paso Doble

Gold: No limitations. Westminster Waltz, Quickstep

### **COMPULSORY MOVES**

Test requirements are the same as listed under single free skating events. Compulsory events will be skated on one-half of the ice surface without music. Skaters may not exceed the stated time limit. All times listed are maximums. Compulsory moves may be skated in any order, except where specified. There must be no change of foot or turn between combination jumps. Double jumps may not be substituted for single jumps. An axel is a single jump, except where noted. Excessive footwork and added elements will be penalized. Skaters may skate up one level, but may not skate at more than one level. Skaters may not enter both short program and compulsory moves.

Beginner I: ½ revolution jump, waltz jump, bunny hop, two foot spin, lunge, forward pivot. 1 minute maximum.

Beginner II: Backward crossovers—min. of 4 in each direction, toe loop, half flip, spiral, one foot spin with optional free foot position. 1 minute maximum.

Pre-Preliminary: Salchow, loop jump, single/single combination (no axels), forward inside or outside edge spiral, scratch spin. 1 ½ minute maximum.

Preliminary: Lutz, single/single combination (axel permitted), one foot upright back spin, forward outside or inside edge spiral, back outside pivot. 1 ½ minute maximum.

Pre-Juvenile: Lutz, single/single combination (axel permitted), camel/sit spin combination with no change of foot (minimum of 6 revolutions), forward inside edge spiral, either a split jump or falling leaf. 1 ½ minute maximum.

Adult Pre-Bronze: Waltz jump, one foot spin (minimum of 3 revolutions), spiral, forward crossovers (both directions), half flip. 1 ½ minute maximum.

Adult Bronze: Salchow, one-foot back spin (minimum of 3 revolutions), waltz-jump-toe loop combination, sit spin (minimum of 3 revolutions), forward inside edges. 1 ½ minute maximum.

Adult Silver: Loop jump, sit spin (minimum 3 revolutions), combination jump with no change of foot between jumps, combination spin with one change of position (minimum 3 revolutions each position), circular footwork. 1 ½ minute maximum.

Adult Gold: Lutz jump, camel spin (minimum 4 revolutions), combination jump with no change of foot between jumps, straight line footwork, combination spin with at least one change of foot. 1 ½ minute maximum.

## **MOVES IN THE FIELD**

Each skater shall perform both elements consecutively as in a test situation.

Pre-Preliminary: Pattern 2: RBO-LBO, RBI-LBI consecutive edges and Pattern 3: Spirals

Preliminary: Pattern 2: Consecutive outside and inside spirals and Pattern 3: Forward power 3-turns

Pre-Juvenile: Pattern 3: 3-turns in the field (FO – BI) and Pattern 6: 5-step Mohawk sequence

Juvenile: Pattern 1: 8-step Mohawk sequence – 1B only and Pattern 4: Forward outside and inside double threes

Intermediate: Pattern 3: Backward perimeter power stroking with backward power 3-turns and Pattern 4: Backward double 3 turns

Novice: Pattern 2: Forward stroking to quick rocker turn sequence in both directions and Pattern 4: Backward rocker sequence

Junior: Pattern 3B: Forward and backward inside rockers and Pattern 4: Power pulls

Senior: Pattern 2: Extension spiral step and Pattern 4: Quick edge step

## **SPINS**

Eligibility is as described in Free Skating events. Spins must be skated exactly as stated but may be skated in any order without music. Connecting moves may be included for the sole purpose of maneuvering between spins and will not be judged. Juvenile through Senior will IJS events and will be skated on full ice. All other levels will be skated on half the ice surface and will be judged under the 6.0 system.

Beginner: Two Foot Spin, Scratch Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Pre-Preliminary: Scratch Spin; Back Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Preliminary: Back Spin; Camel Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Pre-Juvenile: Camel Spin (minimum 3 revolutions); Forward to Backward Scratch Spin (minimum 4 revolutions per foot); Camel to Sit Spin with no change of foot (minimum 6 revolutions total). 1¼ minutes maximum.

Juvenile/Open Juvenile (IJS): Sit Spin (minimum 4 revolutions in position); Combination Spin with change of foot, change of position optional (4 revolutions per foot); Layback Spin (ladies), Camel Spin (men) (minimum 4 revolutions in position). 1¼ minutes maximum.

Intermediate (IJS): Sit Spin change Sit Spin (minimum 4 revolutions per foot); Flying Camel (minimum 5 revolutions); Combination Spin with change of foot and at least one change of position (minimum 5 revolutions per foot). 1½ minutes maximum.

Novice (IJS): Solo Spin – Camel, Sit or Layback (minimum of 6 revolutions in position); Camel Spin change Camel Spin (minimum 4 revolutions per foot); Combination Spin with change of foot and at least one change of position (minimum 5 revolutions per foot) 1½ minutes maximum.

Junior (IJS): Flying Sit Spin or Flying Reverse Sit Spin (minimum 6 revolutions in position); Combination Spin utilizing all 3 positions and one change of foot (minimum 5 revolutions per foot); Layback (ladies), Cross Foot (men) (minimum 6 revolutions in position). 2 minutes maximum.

Senior (IJS): Solo Spin of choice (minimum 6 revolutions in position); Flying spin of choice (minimum 6 revolutions); Combination Spin utilizing all 3 positions and one change of foot (minimum 10 revolutions total). 2 minutes maximum.

Adult Pre-Bronze: One Foot Upright Spin (minimum 3 revolutions); Two Foot Spin (minimum 3 revolutions); Pivot of choice. 1¼ minutes maximum.

Adult Bronze: One Foot Upright Spin (minimum 4 revolutions); One Foot Back Spin (minimum 3 revolutions); Sit Spin (minimum 3 revolutions in position) 1¼ minutes maximum.

Adult Silver: Camel Spin (minimum 3 revolutions in position); Layback Spin, Attitude or Sit Spin (minimum 4 revolutions); Combination Spin with only one change of position (minimum 4 revolutions each position) 1¼ minutes maximum.

Adult Gold: Camel Spin (minimum 4 revolutions in position); Layback Spin, Attitude or Sit Spin (minimum 4 revolutions in position); Combination Spin with only one change of foot and at least one change of position (minimum 4 revolutions per foot). 1½ minutes maximum.

## **JUMPS**

Eligibility is as described in Free Skating events. Jumps may be performed in any order. Connecting moves may be included for the sole purpose of maneuvering between jumps and will not be judged. ONLY one attempt per jump is permitted. This event will be skated on half the ice surface.

Beginner: Waltz Jump, ½ Flip, Salchow. 1 minute maximum.

Pre Preliminary: Salchow, Toe-Loop, Loop/Loop combination. 1 minute maximum.

Preliminary: Axel, Loop, Flip/Loop combination. 1 1/4 maximum.

Pre-Juvenile: Lutz, Axel, Double Salchow. 1 1/4 maximum.

Juvenile: Axel, Double Jump, Double/Single combination. 1 1/4 maximum.

## **SHOWCASE**

Skaters will provide their own music. The themes are open. Vocal music is allowed. The program shall stress creativity with an emphasis on musical interpretation and an overall artistic performance and entertainment. Spins and jumps are allowed, but shall not be highlighted and shall be used only to emphasize the artistic quality of the program. Costumes are encouraged. Hand held props only. Props must be carried at all times.

Beginner to Pre - Preliminary: 1/2 jumps and Single Jumps only, no axels. 1½ minutes maximum.

Preliminary: Single Jumps only, no axels. 1½ minutes maximum.

Pre-Juvenile to Juvenile: Single jumps only, may include axels. 1½ minutes maximum.

Intermediate to Novice: Single jumps plus up to one double jump only. 2 minutes maximum.

Adult: Single jumps only. 2 minutes maximum.

The End