

Part II - LSA Training Registration Form  
 2010 - Spring  
 March 1, 2010 - May 22, 2010

Skater's Name: \_\_\_\_\_

Number of Weeks: **12**

**Monday**

| Session                          | Time          | # of Sessions | "X" to select              | Price    | Purchased |
|----------------------------------|---------------|---------------|----------------------------|----------|-----------|
| <b>ON-ICE Sessions</b>           |               |               |                            |          |           |
|                                  | <b>Monday</b> |               |                            |          |           |
| <b>North Rink</b>                |               |               |                            |          |           |
| High Free Skate                  | 4:00-4:50 pm  | 12            |                            | \$120.00 |           |
| High/Intermediate Free Skate     | 4:50-5:40 pm  | 12            |                            | \$120.00 |           |
| <i>Ice Resurface</i>             | 5:40-5:50 pm  |               |                            |          |           |
| High/Intermediate Power          | 5:50-6:10 pm  | 12            |                            | \$102.00 |           |
| Moves and Dance                  | 6:10-6:30 pm  | 12            |                            | \$48.00  |           |
| Learn to Skate                   | 6:30-7:30 pm  | 12            | Separate Registration Form |          |           |
| <b>South Rink</b>                |               |               |                            |          |           |
| High/Intermediate/Low Free Skate | 5:25-6:15 pm  | 12            |                            | \$120.00 |           |
| <b>OFF-ICE Sessions</b>          |               |               |                            |          |           |
| Off-ice Training                 | 6:15-7:45 pm  | 12            |                            | \$120.00 |           |
| <b>Monday Total</b>              |               |               |                            |          | \$ -      |

**Tuesday**

| Session   | Time           | # of Sessions | "X" to select              | Price    | Purchased |
|---|----------------|---------------|----------------------------|----------|-----------|
| <b>ON-ICE Sessions</b>                            |                |               |                            |          |           |
|   | <b>Tuesday</b> |               |                            |          |           |
| <b>North Rink</b>                                 |                |               |                            |          |           |
| High/Intermediate/Low Free Skate*                 | 5:50-6:50 am   | 12            |                            | \$120.00 |           |
| High/Intermediate/Low Free Skate                  | 3:30-4:20 pm   | 12            |                            | \$120.00 |           |
| High/Intermediate Power                           | 4:20-4:40 pm   | 12            |                            | \$102.00 |           |
| <i>Ice Resurface</i>                              | 4:40-4:50 pm   |               |                            |          |           |
| Moves and Dance                                   | 4:50-5:10 pm   | 12            |                            | \$48.00  |           |
| High/Intermediate Free Skate                      | 5:10-6:00 pm   | 12            |                            | \$120.00 |           |
| Learn to Skate                                    | 6:00-7:00 pm   | 12            | Separate Registration Form |          |           |
| <b>South Rink</b>                                 |                |               |                            |          |           |
| High/Intermediate/Low Free Skate                  | 4:20-5:10 pm   | 12            |                            | \$120.00 |           |
| <b>OFF-ICE Sessions</b>                           |                |               |                            |          |           |
| Off-ice Stretch & Flexibility (High/Intermediate) | 5:10-6:10 pm   | 12            |                            | \$120.00 |           |
| Off-ice Stretch & Flexibility (High/Intermediate) | 6:10-7:10 pm   | 12            |                            | \$120.00 |           |
| <b>Tuesday Total</b>                              |                |               |                            |          | \$ -      |

\* One hour session

**Wednesday**

| Session                           | Time             | # of Sessions | "X" to select | Price    | Purchased |
|-----------------------------------|------------------|---------------|---------------|----------|-----------|
| <b>ON-ICE Sessions</b>            |                  |               |               |          |           |
|                                   | <b>Wednesday</b> |               |               |          |           |
| <b>North Rink</b>                 |                  |               |               |          |           |
| High/Intermediate/Low Free Skate* | 5:50-6:50 am     | 12            |               | \$120.00 |           |
| High/Intermediate/Low Free Skate* | 6:50-7:50 am     | 12            |               | \$120.00 |           |
| High/Intermediate/Low Free Skate  | 3:30-4:20 pm     | 12            |               | \$120.00 |           |
| Moves and Dance                   | 4:20-4:40 pm     | 12            |               | \$48.00  |           |
| High/Intermediate/Low Free Skate  | 4:40-5:30 pm     | 12            |               | \$120.00 |           |
| <i>Ice Resurface</i>              | 5:30-5:40 pm     |               |               |          |           |
| High/Intermediate/Low Free Skate  | 5:40-6:30 pm     | 12            |               | \$120.00 |           |
| <b>Wednesday Total</b>            |                  |               |               |          | \$ -      |

\* One hour session

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Skater's Name: \_\_\_\_\_

Number of Weeks: 12

**Thursday**

**No Off-ice Jump session on May 6**

| Session   | Time  | # of Sessions | "X" to select                             | Price    | Purchased |
|---|---|---------------|---|----------|-----------|
| <b>ON-ICE Sessions</b>  |   |               |   |          |           |
| <b>Thursday</b>   |   |               |   |          |           |
| <b>North Rink</b>   |   |               |   |          |           |
| High/Intermediate/Low Free Skate  | 3:30-4:20 pm  | 12            |   | \$120.00 |           |
| Moves and Dance   | 4:20-4:40 pm  | 12            |   | \$48.00  |           |
| <i>Ice Resurface</i>  |   |               |   |          |           |
| High/Intermediate/Low Free Skate  | 4:40-4:50 pm  |               |   |          |           |
| High/Intermediate/Low Free Skate  | 4:50-5:40 pm  | 12            |   | \$120.00 |           |
| High/Intermediate/Low Free Skate  | 5:40-6:30 pm  | 12            |   | \$120.00 |           |
| <b>South Rink</b>   |   |               |   |          |           |
| Bridge Sessions<br>and<br>Intro to Synchronized Skating Sessions <b>NEW</b> | <i>Each Bridge and Intro to Snychro session is comprised of:<br/>15 minutes of off-ice training, 10 minutes of power training,<br/>a 20 minute instruction class &amp; 30 minutes free skate time</i> |               |   |          |           |
| - March 4 - May 20 (Bridge only)  | 5:15-6:15 pm  | 12            |   | \$150.00 |           |
| - March 4 - April 15 (Intro to Synchro only) **                             | 5:15-6:15 pm  | 7             |   | \$87.50  |           |
| - April 22 - May 20 (Bridge only)   | 5:15-6:15 pm  | 5             |   | \$62.50  |           |
| <b>OFF-ICE Sessions</b>   |   |               |   |          |           |
| Bridge Off-Ice session  | 4:55-5:10 pm  | 12            | (Included with Bridge & Intro to Synchro) |          |           |
| Off-ice Jump (Low/Intermediate) <b>NEW</b>                                  | 6:40-7:00 pm  | 11            |   | \$44.00  |           |
| <b>Thursday Total</b>   |   |               |   |          | \$ -      |

\*\* "Intro to Synchro" session leads up to synchronized skating team tryouts.  
 See Coaches Becca Hatch-Purnell or Carmen Riggs for further information.

**Friday**

**No PM sessions on March 19**

| Session                           | Time         | # of Sessions | "X" to select | Price    | Purchased |
|-----------------------------------|--------------|---------------|---------------|----------|-----------|
| <b>ON-ICE Sessions</b>            |              |               |               |          |           |
| <b>Friday</b>                     |              |               |               |          |           |
| <b>North Rink</b>                 |              |               |               |          |           |
| High/Intermediate/Low Free Skate* | 5:50-6:50 am | 12            |               | \$120.00 |           |
| High/Intermediate/Low Free Skate* | 6:50-7:50 am | 12            |               | \$120.00 |           |
| High Free Skate                   | 3:30-4:20 pm | 11            |               | \$110.00 |           |
| High/Intermediate Power           | 4:20-4:40 pm | 11            |               | \$93.50  |           |
| <i>Ice Resurface</i>              |              |               |               |          |           |
| High/Intermediate/Low Free Skate  | 4:40-4:50 pm |               |               |          |           |
| High/Intermediate/Low Free Skate  | 4:50-5:40 pm | 11            |               | \$110.00 |           |
| Open Free Skate                   | 5:40-6:30 pm | 11            |               | \$110.00 |           |
| <b>OFF-ICE Sessions</b>           |              |               |               |          |           |
| Off-ice Training                  | 5:45-7:15 pm | 11            |               | \$110.00 |           |
| <b>Friday Total</b>               |              |               |               |          | \$ -      |

\* One hour session

**Saturday**

**No sessions on March 20 and May 1**

| Session                                  | Time           | # of Sessions | "X" to select | Price    | Purchased |
|--|----------------|---------------|---------------|----------|-----------|
| <b>ON-ICE Sessions</b>                   |                |               |               |          |           |
| <b>Saturday</b>                          |                |               |               |          |           |
| <b>North Rink</b>                        |                |               |               |          |           |
| High/Intermediate/Low Free Skate         | 9:30-10:20 am  | 10            |               | \$100.00 |           |
| High/Intermediate/Low Power <b>(NEW)</b> | 10:20-10:40 am | 10            |               | \$85.00  |           |
| <i>Ice Resurface</i>                     |                |               |               |          |           |
| High/Intermediate/Low Free Skate         | 10:40-10:50 am |               |               |          |           |
| High/Intermediate/Low Free Skate         | 10:50-11:40 am | 10            |               | \$100.00 |           |
| Open Free Skate                          | 11:40-12:30 pm | 10            |               | \$100.00 |           |
| <b>Saturday Total</b>                    |                |               |               |          | \$ -      |

**Other Items**

|                          | Maximum No. of Cards | # of cards purchased | Price per card | Total Purchased |
|--------------------------|----------------------|----------------------|----------------|-----------------|
| Flex Cards               | 3                    |                      | \$50.00        | \$ -            |
| <b>Other Items Total</b> |                      |                      |                | \$ -            |

Part II - LSA Training Registration Form Skater's Name: \_\_\_\_\_  
 2010 - Spring  
 March 1, 2010 - May 22, 2010

Number of Weeks: 12

| Summary of Registration Training Form                                | Total Amount Purchased |
|--|------------------------|
| Monday Total   | \$ -                   |
| Tuesday Total  | \$ -                   |
| Wednesday Total  | \$ -                   |
| Thursday Total   | \$ -                   |
| Friday Total   | \$ -                   |
| Saturday Total   | \$ -                   |
| Flex Card(s) <i>Maximum: \$150</i>                                   | \$ -                   |
| <b>TOTAL DUE BEFORE VOLUME DISCOUNT</b>                              | \$ -                   |
| Less: Volume Discount of 25% if TOTAL is greater than <b>\$1,500</b> | ( - )                  |
| <b>GRAND TOTAL DUE FOR REGISTRATION</b>                              | \$ -                   |

|  |         |
|--|---------|
| 1st payment due when submitting Training Registration Form | \$ 0.00 |
| 2nd installment payment due: <b>March 12, 2010</b>         | \$ 0.00 |
| 3rd installment payment due: <b>April 9, 2010</b>          | \$ 0.00 |

| Total for 1st Installment Payment due with Registration Form                     | Amount |
|--|--------|
| <b>1st INSTALLMENT PAYMENT DUE</b>   | \$ -   |
| Add: <b>\$25 Late Registration Fee</b> if postmarked <b>February 20-25, 2010</b> |        |
| Less: Kroger Card Credits (attach Email Confirmations)                           | ( )    |
| Less: Ice Monitoring Credits (attach Time Cards)                                 | ( )    |
| Less: Cancelled Ice Credits (attach Credit Memos)                                | ( )    |
| <b>NET 1st INSTALLMENT PAYMENT DUE</b>   | \$ -   |

**Due Date: Postmarked 2/11-2/18/2010**

If paying by credit card, please provide the following:

Name on card: \_\_\_\_\_

Address: \_\_\_\_\_

Circle Type of Card: \_\_\_\_\_ VISA \_\_\_\_\_ MASTERCARD

Amount to Charge: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ / \_\_\_\_\_ CVV #: \_\_\_\_\_

Signature: \_\_\_\_\_

**NEW MAILING ADDRESS**

Mail to: Angie Porter  
 7214 Trail Ridge Court  
 Louisville, KY 40241



