



**2025 LSA Spring Invitational
Louisville Skating Academy
March 21-23, 2025
Iceland Sports Complex, Louisville, KY**

I. COMPETITION OVERVIEW

The 2025 LSA Spring Invitational will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or [current Compete USA handbook](#) as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

SERIES INFORMATION:

Designated Excel Series Event. For more information on the National Excel Series please refer to the Excel Series page: [Excel Series Info | U.S. Figure Skating](#)

II. ELIGIBILITY

Singles: Excel and Well-Balanced Events:

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.

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- Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
 - If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
 - If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.
 - If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to the information sheet [HERE](#) or email events@usfigureskating.org.

All other singles and partner events (such as Adults, Pairs, Ice Dance):

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

EVENTS OFFERED:

- **U.S. Figure Skating Program Requirements:** usfigureskating.org --> [Skate](#) --> [Compete](#) --> [Program Requirements](#)
- **Compete USA Program Requirements:** learntoskateusa.com/competeusa
- **Skate United:** For any Skate United (S.U.) Athlete, please have them register for their appropriate level under the "standard" option. Once the registration is complete, the following form must be submitted to the competition chair via email at: lsask8director@gmail.com.
 - [Click here for the Skate United Athlete Form.](#)
- **Skating Accommodation Memorandum (S.A.M.):** Skaters using a S.A.M. must submit their S.A.M. to the competition chair via email at: lsask8director@gmail.com.
 - [Click here for more information about S.A.Ms.](#)

On the program requirements page linked above, competitions that fall within the date range beside the program requirements must use those requirements.

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SINGLES	JUDGING	1st Event Price	2nd Event Price	3rd-4th Event Price
Excel Free Skate (Pre-Preliminary – Senior)	<i>IJS</i>	<i>\$135.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Well Balanced Short Program (Juvenile – Senior)	<i>IJS</i>	<i>\$135.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Well Balanced Free Skate (Pre-Preliminary - Senior)	<i>IJS</i>	<i>\$135.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Adult Free Skate (Adult Bronze– Master Jr/Sr)	<i>IJS</i>	<i>\$135.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Adult Free Skate (Beginner – Pre- Bronze Free Skate)	<i>6.0</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
ATHLETE DEVELOPMENT	JUDGING	1st Event Price	2nd Event Price	
Compulsory Moves (Level 1 - 4, skated on ½ ice)	<i>6.0</i>	<i>\$75.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Compulsory Moves (Level 5-8, skated on full ice)	<i>IJS</i>	<i>\$135.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Jumps Challenge (Level 1-4, skated on ½ ice)	<i>6.0</i>	<i>\$75.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Jumps Challenge (Level 5-9, skated on full ice)	<i>IJS</i>	<i>\$135.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Spins Challenge (Level 1-4, skated on ½ ice)	<i>6.0</i>	<i>\$75.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Spins Challenge (Level 5– 6, skated on full ice)	<i>IJS</i>	<i>\$135.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
SHOWCASE	JUDGING	1st Event Price	2nd Event Price	
Emotional Performance (Preliminary – Senior, Adult)	<i>CJS</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Choreographic Artistry (Juvenile - Senior, Adult Masters)	<i>CJS</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Lyrical Pop (Preliminary - Senior, Adult)	<i>CJS</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Character Performance (Preliminary - Senior, Adult)	<i>CJS</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Comedic Impressions (Preliminary - Senior, Adult)	<i>CJS</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Duets/Trios (Preliminary – Senior, Adult)	<i>CJS</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Interpretive (Pre-Preliminary – Senior)	<i>CJS</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Adaptive Individual Showcase	<i>6.0</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
SOLO DANCE (non series)	JUDGING	1st Event Price	2nd Event Price	
Solo Pattern Dance (Prelim – International)	<i>6.0</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Solo Free Dance (Juve – Gold)	<i>6.0</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Shadow Dance (Prelim – Gold)	<i>6.0</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Adult Solo Pattern Dance (Prelim – Gold)	<i>6.0</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
Adult Solo Free Dance (Bronze – Gold)	<i>6.0</i>	<i>\$115.00</i>	<i>\$70.00</i>	<i>\$65.00</i>
COMPETE USA EVENTS	JUDGING	1st Event Price	2nd Event Price	
Snowplow Sam-Basic 6 Program w/ Music	<i>6.0</i>	<i>\$75.00</i>	<i>\$50.00</i>	<i>\$40.00</i>
Aspire 1-4 Program w/ Music	<i>6.0</i>	<i>\$115.00</i>	<i>\$50.00</i>	<i>\$40.00</i>
Adult 1-6 Program w/ Music	<i>6.0</i>	<i>\$115.00</i>	<i>\$50.00</i>	<i>\$40.00</i>
Snowplow Sam – Basic 6 Elements	<i>6.0</i>	<i>\$75.00</i>	<i>\$50.00</i>	<i>\$40.00</i>
Compete USA – Showcase	<i>6.0</i>	<i>\$115.00</i>	<i>\$50.00</i>	<i>\$40.00</i>
ADAPTIVE	JUDGING	1st Event Price	2nd Event Price	
Special Olympics Badges 2 - 12	<i>6.0</i>	<i>\$115.00</i>	<i>\$50.00</i>	<i>\$40.00</i>

Skate United *see statement above Free Skate	6.0	\$115.00	\$50.00	\$50.00
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OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating’s SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating’s Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

ATHLETE ASSISTANCE/ACCOMMODATIONS:

Should a skater with disabilities require any specific accommodations or assistance for their competitive event, please submit your approved S.A.M to the Competition Chair by the registration deadline at lsask8director@gmail.com.

COMPLIANCE:

For full details about participant compliance requirements, refer to the U.S. Figure Skating SkateSafe® webpage: <https://www.usfigureskating.org/skatesafe#compliance>.

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches of foreign athletes: If you are a coach of a foreign athlete only, you are not subject to U.S. Figure Skating coach compliance and will only be asked to provide a letter of good standing for the federation your athlete represents.

III. REGISTRATION INFORMATION

ONLINE REGISTRATION VIA EMS (Singles and Partnered events only):

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% transaction fee.

Registration Deadline: February 21, 2025 at 11:59 PM EST

Late Registration Deadline: February 24, 2025 at 11:59 PM \$25 Late Fee

*The host club reserves the right to close registration at any time if event capacity is met

1. Go to www.usfsaonline.org
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA® member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then “Competition Registration”
4. Choose 2025 LSA Spring Invitational from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

PARTNERED/DUET EVENTS:

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

TEST CREDIT:

Skaters that meet the requirements for test credit may request their test credit [here](#), in advance of March 15, 2025. There is a \$20.00 fee to process the test credit application, due at the registration desk at time of check in. Additionally, if athletes are skating up TWO levels, they are not eligible to receive test credit.

[IJS Protocol for Test Credit](#)

CRITIQUES/FEEDBACK

Feedback will be available for Juvenile – Senior Well Balanced events. A reservation form will be emailed to registered skaters after the close of entries.

MUSIC SUBMISSION/UPLOAD:

EMS MUSIC UPLOAD: Competitors participating in events with music are required to upload their music to EMS no later than **March 1, 2025 at 11:59 PM**. After this date, skaters will be locked out of this feature and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: March 1, 2025 11:59 pm

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EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

EMS PLANNED PROGRAM CONTENT (PPC) – Competitors participating in IJS events are required to submit PPC in EMS no later than **March 15, 2025 at 11:59 PM**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: March 15, 2025

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA®, Louisville Skating Academy and Iceland Sports Complex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Iceland Sports Complex, 1701 UPS Drive, Louisville, KY 40223
www.icelandlouisville.com

It consists of two sheets of ice, the North Rink and the South Rink, both measuring approximately 85' by 200' with slightly rounded corners, as well as 8 locker rooms and a snack bar. All competition events will be held in the North Rink. The temperature of the rink is generally very cold. There is adequate free parking in front of the facility.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas will not be available this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these spaces.

Updated 7/8/2024

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

OFFICIAL UPDATES AND COMMUNICATION:

Pre-Competition communication will be through email. It is the responsibility of each competitor, parent and coach to read their emails for event information, updates, schedule information, etc. Once the competition begins, we will have an announcement board located in the lobby with updates.

START ORDER & RESULTS

The start orders and results will be done electronically only. A link will be emailed to everyone prior to the start of the competition. A QR code will also be posted throughout the facility during the event to access the link.

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

- Unofficial Practice Ice (UPI) will be available for pre-purchase and then selection through EMS.
 - o Each PI will be 20 min
 - o PI will be leveled: High, Low, Aspire, Open and Basic Skills 1-6
 - o 20 skaters will be allowed on all UPI except 25 skaters will be allowed on Basic Skills.
 - o Music will be played on Basic Skills UPI only.

Pre-Purchase: Practice ice credits may be purchased after participants complete their event registration, via the EMS Competition Portal. Skaters who purchase credits during the pre-purchase period will be able to select sessions during the selection period, after the schedule has been completed and posted.

- Open: At time of registration
- Close: At close of registration, February 21, 2025 11:59 PM
- Maximum credits per registered event:
 - o UPI - 1
- Cost per credit: \$15

Pre-Purchase Selection: After the close of entries and shortly after the competition schedule is published, skaters will receive an email with notice of the practice ice schedule and the date/time when pre purchased credits can be scheduled via EMS.

Open Sales: Practice Ice sessions will be available after the schedule has been published for skaters who did not pre-purchase UPI credits. Skaters will be able to purchase open sessions available to them.

- Maximum sessions per registered event:
 - Open Sales - 1
- Cost per session: \$20

Questions on PI?

- [Click Here for a Pre-Purchase How-To Document](#)
- [Click Here for a Selection How-To Document](#)
- [Click Here for an Open Sales How-To Document](#)

ONSITE CHECK-IN:

Check-in will open one hour before the start of the first event or practice of each day and close 30 minutes after the final event or practice of each day. Check-in will be located in the front lobby of the facility.

If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact skatesafe@usfigureskating.org at least 2 business days prior to the competition for assistance.

AWARDS:

Medals will be awarded to 1st – 4th place finishers. Ribbons will be awarded to all other places. Awards will take place in the pro-shop following each event. A trophy will be awarded to the club, other than the host club, with the highest total points across all events. Points are accumulated through placements of skaters from each club represented at the event.

PHOTO/VIDEO:

Live and on-demand streaming, and sales and distribution of U.S. Figure Skating sanctioned and approved events, programs, and activities that include the playback of music is strictly prohibited. This prohibition does not apply to the distribution of footage that does not include music. Questions about this can be directed to music@usfigureskating.org.

828 Studios will be on hand doing professional video and photography. A video of all full ice events is included in the event registration fee (music will be removed). Action shots of all events will also be available for purchase through 828. Participants will be emailed information on how to view and purchase photos once the competition has concluded.

ADDITIONAL INFORMATION:

Official hotel accommodations: Room Blocks are available at the SpringHill Suites and Embassy Suites, both located less than 2 miles from the facility.

[SpringHill Suites Booking Link](#)

- \$109 - \$119/per night
- Booking deadline, March 6, 2025

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[Embassy Suites Booking Link](#)

- \$152/per night
- Booking deadline, March 6, 2025

Logo event merchandise will be available for pre-purchase and on-site. An email will be sent to all participants with the link to view and purchase after the close of entries.

CONTACT INFORMATION:

www.skatelouisville.org

For questions, please contact the following individuals:

Competition Chair:	Jessica Mills Kincade	Lsask8director@gmail.com	502.830.8307
Chief Referee:	Kristin Gardner	Kristin.b.gardner@gmail.com	Phone
Accountant:	Jennifer Battat	battje@twc.com	Phone
Technical Accountant	Gordon MacKay	gordonmackay0@gmail.com	
Chief Music Chair	Jeff Buchanan	eddgeonice@hotmail.com	Phone