

LSA Return to the Rink Plan & Policies

The health and safety of LSA and LTS members – skaters, coaches, and families – and the community as a whole is the number one priority as we take steps to return to the ice.

Policies and procedures will be reevaluated regularly as new information becomes available.

The referenced documents below provided guidance in establishing this policy.

[CDC Interim Guidance for Business on plan and prevention for COVID19](#)

[OSHA Guidance on Preparing Workplaces for COVID19](#)

[CDC Guidance of Cloth Face Coverings to Help Slow the Spread of COVID19](#)

[KY Healthy at Work Directive](#)

[Returning to the Rinks US Figure Skating/US Hockey/US Ice Rink Association](#)

I. Registering for Learn to Skate and Junior Academy Classes

- a. **All skaters must register and pay for their classes online.**
- b. No walk-ins will be available.
- c. If you have difficulty with payment processing, please contact the LTS Director at sbnkysk8@gmail.com . We may be able to invoice you.
- d. **Registrations must be completed by 11:59 pm the day before** the first class, so we can safely plan the classes to allow for maximum group size and social distancing, in addition to accounting for skating level variations.
- e. Late registrations will be allowed AFTER the week's scheduled class takes place. Contact the LTS Director at sbnkysk8@gmail.com for details.
- f. Makeups will only be allowed provided space is available, as the maximum number of skaters on the ice and in classes is limited. You should contact the Learn to Skate Director *no later than* 48 hours prior in order receive approval of a makeup.

II. Health check prior to arrival

- a. Skaters and coaches should **check their temperature prior to arrival** and stay home if their temperature is 100.5 or higher.
- b. **If a skater/coach does not feel well** – or if any member of that skater's household is not feeling well – **then that skater should not skate.**

- c. Skaters/coaches who have a temperature of 100.5 or higher or do not feel well, or who have members of their household who either have an elevated temperature or do not feel well, should seek advice from a medical professional.
- d. **Anyone with close contact to a COVID-19 patient should self-quarantine and notify the Learn to Skate director, if they have been in the rink.**
- e. In the event a participant (skater, coach or parent) who has been in the rink tests positive for COVID-19, the skater must notify the Learn to Skate Director. The Learn to Skate director will notify Iceland Sports Complex and the LTS membership. Skaters in close contact will be contacted directly.
- f. LSA recommends its participants take a COVID-19 test before returning to the rink. Kentucky is providing sites for free testing without symptoms. Visit this site for locations and to register: <https://chfs.ky.gov/agencies/dph/Pages/COVID-19Drive-Thru-Locations.aspx> or talk to your pediatrician.

III. Arrivals, exits & building procedures

- a. Iceland will **require temperature checks to all patrons upon arrival.**
- b. Iceland will have its own COVID-19 waiver for each skater to sign before returning to the ice.
- c. **Everyone entering the building must wear a mask.**
- d. All arrivals must be through Iceland door A.
- e. All exits must be through Iceland door B.
- f. **Skaters/coaches are encouraged to be ready to take the ice when they walk into the building. Ideally, skaters will arrive with skates and hard guards on when they enter the building.** If you must bring skating bags and other belongings into the facility, personal items should be kept together (and to a minimum) and 6ft apart from another person's belongings. Belongings must be kept inside the North rink and not in the lobby.
- g. **The lobby area will be closed off except for access to the rink.** Skaters who wish to do any off-ice warming up/cooling down must do so outside of the building and clear of the entrance and exit doors.
- h. Skaters may arrive no earlier than 15 minutes before their scheduled ice time and must leave the building no later than 5 minutes after their scheduled time is over.
- i. Social distancing will be followed in the facility, including in the standing areas of the rink, bleachers and coaches' areas. Iceland will use tape to mark the required 6 ft social distancing.

IV. Who can be in the building?

- a. Only skaters, coaches, scheduled monitors, and parents of skaters ages 6-9.
- b. **Masks are required at all times** of anyone in the building over the age of 5.
- c. Parents may wait in their cars in the parking lot, or bring lawn chairs, but may not enter the lobby or viewing areas of the rink without prior approval, unless they have a skater ages 6-9.
- d. A parent of a skater ages 6-9 may come into the building to accompany their skater, or a parent of another skater may do so **with prior approval** from the Learn to Skate director (request for approval should be submitted in writing). This would be appropriate, for example, if a 10-11 year old needed assistance tying rental skates.
- e. Any parent waiting in the building during class must wait in the North rink (with a mask on) and must observe social distancing guidelines.
- f. Parents can wait outside the exit door to pick up their child when class is dismissed.

V. **Procedures for skaters**

- a. Skaters will be given their class assignment BEFORE class begins via email. **Pay special attention to the color of the class.**
- b. **Skaters over the age of 5 will be required to wear a mask at all times**—on and off the ice—inside the facility.
- c. Skaters will enter the facility through door A and proceed directly through the lobby into the North rink.
- d. **We encourage everyone to use their own skates.** If that is not possible, you may stop at the skate rental counter for a pair of skates, and then proceed directly into the North rink.
- e. Skaters may place belongings at least 6 ft apart inside the North rink, but space is very limited, so please do not bring anything inside the building, if not absolutely necessary.
- f. Skaters will enter the ice at the Zamboni end of the rink. Before class, skaters will line up 6 feet apart along the glass in front of the bleachers.
- g. When skaters take the ice, they will take off their hard guards (if wearing their own skates), step onto the ice, and look for the area of the ice that matches the color they have been assigned. **Class spaces will be indicated by a brightly colored flag placed inside a traffic cone.**
- h. Skaters can place their hard guards on the wall in the space for their class.
- i. Instructors will hand out **reusable name badges** to each child at the start of class. **Please take care of this badge**—it will be yours to use for the entire LTS session—and **return to your teacher at the end of the last night of class.**

- j. Skaters should take extra caution in maintaining social distancing on the ice, **remaining 6 ft apart from other skaters and the instructor** on the ice.
- k. Should your skater need to use the restroom, there should be no more than 1 person in the restroom at any time.
- l. **Gatherings in the restroom or lobby will not be permitted.**
- m. LSA will have a 3-step policy for skaters not adhering to LSA's Learn to Skate and Return to Rink policies. 1st offense is a warning, 2nd offense is a meeting with skater, parent, instructor, and Skating Director. 3rd offense and they are suspended from LTS for a period of time determined by the LTS Director.
- n. After class, skaters will collect their guards, exit the ice near the ice monitor table, put on their guards, collect any belongings, and proceed to the designated **rink exit door B**. If the skater is wearing rental skates, they should take off their skates and put on their shoes inside the North rink, walk back into the lobby, drop off their skates at the skate rental counter, and promptly exit through Iceland lobby door B. There is to be no loitering in the facility.
- o. Parents, please remind your younger skaters not to put their gloves in their mouths or eat the snow. Yes, even 10 and 11 year olds try to do this sometimes.

VI. Procedures for coaches / LTS instructors

- a. LTS instructors will enter the facility through door A and proceed directly through the lobby into the North rink.
- b. LTS instructors should be in the building 15 minutes early, with their skates on, so they can make any markings on the ice they need, help put the skaters at ease, and help in skate rental, if needed.
- c. If at all possible, LTS instructors will enter the facility with their skates on.
- d. LTS instructors will enter the ice at the Zamboni door.
- e. LTS instructors will wear masks at all times.
- f. LTS instructors will follow social distancing requirements.
- g. LTS instructors will have designated class stations each day, indicated by a brightly colored flag inside a traffic cone.
- h. LTS instructors will be responsible for handing out name badges to their classes on the first night of the session and collecting them on the last night.
- i. LTS instructors are responsible for taking daily attendance. This is crucial now, more than ever, as the need for contact tracing due to COVID-19 exposure may arise.
- j. It is recommended for LTS instructors to wipe down their areas before and after use with their own disinfectant, ex: Clorox wipes or disinfectant spray.

- k. LTS instructors will maintain 6 feet of distance from their class. They will need to maintain a friendly, albeit masked face, yet speak loudly enough that skaters can hear them through the mask at 6 feet away.
- l. LTS instructors will do their best to manage social distancing requirements among students during their class.
- m. LTS instructors should be prepared with markers for indicating spacing and traffic patterns on the ice.
- n. LTS instructors will not use the coach room.
- o. LTS instructors should assist in skate rental, dismissal, and traffic management during the break between classes.
- p. After their last class has exited the ice, LTS instructors will exit the ice near the ice monitor table, collect their belongings, and proceed to the designated rink exit door B, unless the LTS Director has asked you to assist in traffic management or skate rental.

VII. Procedures for ice monitors

- a. LSA will make an effort to provide ice monitors for LTS.
- b. Ice monitors will wear gloves and a mask (gloves provided by LSA).
- c. Ice monitors will sanitize the ice monitor station and other commonly touched areas around the ice monitor station at the end of their shift (LSA will provide sanitizing supplies).
- d. Ice monitors have the authority to enforce all return to rink policies and report any violations.

VIII. Procedures for Skate Rental

- a. We encourage all skaters to use their own skates. If you need assistance purchasing a pair of skates, contact the LTS Director.
- b. If you do not have skates, you may use rental skates. Please indicate on your registration form that size you think you will need.
- c. Volunteers in the skate rental area will wear gloves and immediately dispose of them upon leaving the skate rental area.
- d. Skaters using rental skates should put on/take off skates in the North rink.
- e. When returning rental skates, skaters should place the skates neatly on the counter with the laces tucked in and promptly exit the building through Iceland door B.

IX. Signage & Sanitizing

- a. Iceland management will keep the health and safety of its staff, participants and the greater community is No. 1 Priority.

- b. Iceland will be responsible for following all CDC recommendations for sanitization and social distancing.
- c. Iceland will be responsible for sanitizing the building in between customer blocks (after figure skating, before hockey, after hockey before figure skating, etc.).
- d. Iceland will be responsible for installing hand sanitizing stations throughout the facility.
- e. Iceland will be responsible for prominently posting “Entrance Only” (on door A) and “Exit Only” (on door B) signs.
- f. Iceland will be responsible for posting signs in the restrooms reminding patrons to wash their hands after going to the bathroom.
- g. Iceland will be responsible for posting signs in the lobby and rink areas reminding patrons to practice social distancing at all times while in the building and to wear a mask at all times.
- h. Iceland will be responsible for using tape to identify the social distance requirement of 6ft spacing throughout the facility (lobby, rink, bathroom, hallways, locker room).
- i. Iceland will be responsible for posting signs on the door leading from the lobby area to the rink area reminding patrons to use hand sanitizer after touching doors and other surfaces.
- j. Iceland will be responsible for disinfecting door handles and other commonly touched surfaces regularly during hours of operation.
- k. Iceland will be responsible for posting signs on the facility doors from the CDC on best safe practices to prevent COVID-19 reminding patrons to practice good hygiene.
- l. The US Ice Rink Association, USFS and US Hockey Return to the Rink guidebook recommends facilities consider installing touch free faucets, flush handles and dryers in the bathrooms.
- m. Iceland staff will wear masks at all times while in the building.